Employee Newsletter

July, 1st 2023

Community Action of Orleans and Genesee

Our mission:: To provide services, with dignity and respect, that help people become self-sufficient

Hello Team:

I hope everyone enjoyed our agency In-Service. We received a lot of positive feedback. There is a great deal of work that takes place behind the scenes to pull this off. Thank you to everyone who worked on making this a very special event! If you missed the story, the article covering our event can be accessed here: <u>https://orleanshub.com/community-action-highlights-a-busy-year-serving-more-than-3000-people/</u>

After our State-of-the-Agency presentation, there is not much more for me to report so I will keep this short and sweet. I am writing this on the first official day of summer. Thank you for being an amazing team and being so dedicated to helping our community. Wishing everyone a safe, happy, and healthy summer.

Be Part of the Solution



July 1, 2023

of Orleans & Genes

mmunity Action

EMPLOYEE OF THE MONTH Freddie Stewart

Freddie is the training & development manager for Head Start. Freddie will always lend a hand with a smile on her face. She helped support the Albion full day site on their last day of classes, playing with the children & interacting with the parents. She has always been so kind and humble to all children, staff, and families. Freddie always checks to make sure the Family Advocates have all of their trainings in and always looks for ways to encourage us and help us grow. She pushes us to be better for ourselves and for the program all while using a calm friendly nurturing tone. She is a great leader and advocate for staff and people in the community. There are several staff and/or parents of Head Start children who had Freddie as their teacher, which is why they choose to work at Head Start or have their own children in the program.

Freddie has touched many lives, and people in the community praise her work and remember what she has done for them still to this day. I feel I speak for many when I say Freddie Stewart is such a wonderful, welcoming, kind hearted soul who always greets you with a smile. She has impacted many lives over the past 45 years with the agency. Freddie is the perfect example of someone who lives by our mission statement, "helping people, changing lives".

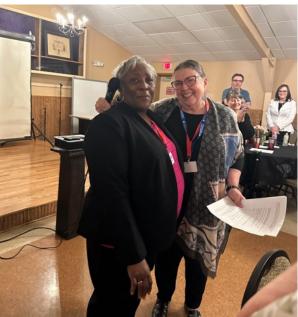
Community Action Staff In-Service

Elks Lodge

Helping People, Changing Lives- Celebrate the way we change and evolve to meet the needs of the community.



Renee Hungerford, Executive Director



Freddie Stewart & Bonnie Malakie



Jackie Dunham & Melinda Daniels

July 1, 2023

Community Action Years of Service & Achievement Awards

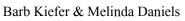


Years of Service Awards

(From left to right)- James Soccio-(35yrs), Linda Malaniak-(5yrs), Nicole Struble-(5yrs), Freddie Stewart-(45yrs), Debbie Renner (5yrs), Melinda Daniels-(5yrs), and Janet Foppes-(20yrs)

Achievements Awards







Madelyn Meacham



Jeanette Worsley



Carolee Wachob





Bryanne Puma

Community Action of Orleans and Genesee, Inc.

Community Action Staff In-Service



Rachael Escobar, Debbie Rothmund & Weatherization Crew



Marty Taber



Chris Schuster & Bonnie Malakie



Bonnie Malakie & Sunny Lin (June's employee of the month)



Jackie Dunham & Melinda Daniels



Katrina Chaffee & Anne Downey

Community Action of Orleans and Genesee, Inc.

Charity Motorcycle Run

Saturday July 8, 2023

Benefits

Community Action of Orleans & Genesee

Holiday Toys & Emergency Assistance in both Orleans & Genesee Counties



Community Action of Orleans and Genesee, Inc.



- Stay Hydrated! Caffeinated & Alcoholic beverages can increase likelihood of dehydration.
- Avoid peak UV times (10AM-2PM), apply SUNSCREEN, and seek shade breaks!
- Wear light colored, breathable clothing to keep yourself cool.

FIRE FOCUS

CAMP / BBQ / Fireworks

- Always have something on hand that can extinguish the fire (water, snuff blanket, fire extinguisher).
- Always have clean, designated area for anything with an open flame. Fire can spread fast!
- Only adults should start and manage fire related activities.
- Teach children the basics & importance of fire safety!

WATER

- Never swim alone OR leave children unattended!
- Wear bright colors at beaches and heavily populated pools to increase visibility!
- Always wear LIFEJACKETS in deep or rough waters!
- Know your limits, even the strongest swimmers may find themselves needing assistance!

Community Action of Orleans and Genesee, Inc.

Batavia- Emergency Services Case Management

Center for Community Health & Prevention

Did you know that a healthy diet and physical activity can reduce your risk of getting certain cancers and other chronic diseases?

Join our free Healthy Living Class to find out how!





Discuss topics such as general nutrition, portion sizes and processed foods.

PHYSICAL ACTIVITY

Learn fun exercises from a certified fitness instructor.

5073 Clinton St Rd, Batavia

11 - 12 p.m.

Genesee

Wednesdays, July 12 - August 30

Community Action of Orleans &



HOW TO REGISTER Contact Katie at (585) 350-9190 or email PHPC@urmc.rochester.edu.

Space is limited. PROMOTE HEALTH. PREVENT CANCER. FOR FREE.

Community Outreach and Engagement



WILMOT 🗰



PERSONAL CARE ITEM COLLECTION FOR THE COMMUNITY

July 2023

Helping Others in a Time of Need

For the month of July, our agency is collecting personal care items to assist those who have experienced emergencies such as fire, Domestic Violence, loss of employment, and more...



75 Public Square Holley, NY 14470 Tel (585) 638–6395 Deb Rothmund

drothmundecaoginc.org

5073 Clinton St. Rd. Batavia, NY 14020 Tel (585) 343-7798 David Dodge ddodgeecaoginc.org





ITEMS WE ARE IN NEED OF:

- deodorant
- shaving cream
- can openers
- shampoo
- laundry detergent
- feminine hygiene
- toiletries
- other similar items

For more information please visit our website at WWW.CAOGINC.ORG

Albion- Emergency Services/Case Management



2023 Pop Up Food Pantry Dates



July 31 August 14 September 18 October 16 November 13 December 11

We're there for you - rain or shine!

Community Action of Orleans and Genesee, Inc.

Eastern Orleans Community Center

-Case Management-

We served 586 meals

In May:

We gave 23 families emergency food boxes

We served <u>34 families with clothing, furniture and household</u> <u>items.</u>

5/10 Orleans Connect did a presentation and 21 people signed up

5/12 The Fire Dept did Blood Pressure Checks and 27 people participated

5/15 Mother's Day Lunch and 36 people attended

5/8-6/12 Mondays We had The Healthy Living class with 15 people attending.

5/16-5/30 Tuesdays We had Art Experiences for Seniors and 20 people participated

5/19-6/30 Fridays The Stone Soup Class and 19 people participated

5/23 The Genesee 3 Band Played and 36 people attended

5/11 and 5/25 The Caregivers Revitalize Meet at

5/31 The Wilmot Cancer Center did a Presentation on Research studies.

Tuesdays and Thursdays at 10:00am we have a chair exercise group.

June Events:

6/2 Stone Soup Class

6/5 Healthy Living Class

6/9 Fire Dept Blood Pressure Checks

6/21 Father's Day Meal and Smoking Cessation

Discussion by U of R

6/23 Stone Soup Class

6/26 Snap Ed Class

6/30 Stone Soup Class

Tuesdays and Thursdays Exercise Class at 10:00am



July 1, 2023

Eastern Orleans Community Center July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Holiday Center Closed	4 Holiday Center Closed	5 Deb R B-day Pulled Pork Sandwich Garden Salad Corn/Carrots Watermelon	6 Taco's Refried Beans Nacho Chips Ice Cream	7 Fish Sandwich Cole slaw Green Beans French Fries	8
9	10 Tuna Noodle Casserole Peas Pie	11 Roast Beef Sandwich Salad Chips Pears	12 Meatloaf Mashed Potatoes Corn/Carrots Biscuits Applesauce	13 Ham Sandwich Soup Chips Peaches	14 Goulash Garden Salad Garlic Bread Cake	15
16	17 Hot Turkey Sandwich Mashed Potatoes Corn/Carrots	18 Egg Salad Sand. Soup Chips Cookies	19 Chef Salad Garlic Bread Fruit Salad	20 Chicken Salad Sandwich Soup Chips	21 Baked Ham Mashed Potatoes Garden Salad Apricots	22
23	24 Spaghetti & Broccoli Salad Garlic Bread Fruit Salad	25 Grilled Cheese Tomato Soup Chips Cookies	26 Linda's Bday BBQ Chicken Mashed Potatoes Carrots / Biscuits Garden Salad	27 Turkey Sandwich Garden Salad Chips Peaches	28 Pasta Salad Garlic Bread Fruit Salad Cake	29
30	31 Cheese Burger Mac Salad Baked Beans Fruit Salad					

7/11 Office of the Aging (Coupons) at 11:15am 7/14 Blood Pressure Check 7/26 SNAP ED 10am 7/11 Genessee 3 Entertain at 10:30am Exercise Class : Tuesdays & Thursday's at 10:00am Food Give Away : MON, WED, FRI. at 11:00am Bingo: Mon, Wed, Fri at Noon

75 Public Square PO Box 206 Holley NY 14477 585-638-6395 Milk, coffee or water provided with meals A \$2.00 donation is appreciated but not required Menu is subject to change due to availability of supplies



Main Street Corner Thrifts, Gifts, and More

Reminder: All Perfect Attendance recipients receive \$15 off your purchase at the store for the month you are mentioned in the newsletter.

ALL Community Action Staff receive a discount when visiting the store any time!

Thank you for visiting our tent located at the Store Parking lot during the Strawberry Festival this year! We appreciate your support!

CONGRATULATIONS TO OUR CREDIT RECOVERY CLASS SENIORS OF 2023!

Credit Recovery Class Stats for 2023:

** 7 graduating seniors have completed classes in our classroom in order to graduate this year!

**55 Credit Recovery Classes have been completed during this school year by students at different grade levels.

CONGRATULATIONS TO ALL STUDENTS who graduate in 2023!



July



July Sales Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						Party Dishes, Camping Supplies 50% Off	:
2	3	4	5 50% everything With Red, White, Blue	6 BOGO Glasses, Cups, Mugs	7 BOGO Dishes	50% Off Pants, Shorts	
9	10	11	30% Off Fumiture	13 50% Off All Clothing	30% Off Blankets, Linens	BOGO Shoes	-
16	17	18	19 Fill-A-Bag \$5 Kids Clothing	20 50% Off Misc Area	21 .25 Each Media (CD,DVD,Cassette)	.25 Each Stemware	3
23	24	25	26 50% Off All Holiday Merchandise	BOGO Shoes	28 .50 Each Knick-Knacks	.50 Each ALL Shirts	2
30	31			-			

Community Action of Orleans and Genesee, Inc.