

Agency Newsletter

August 1st, 2024

Community Action of Orleans and Genesee

Our mission:: To provide services, with dignity and respect, that help people become self-sufficient



Hello Team:

I hope everyone is enjoying summer. It goes by far too quickly. I don't have too much news to share. Right now, we are working on the next 5 year contract for the Community Services Block grant (CSBG). You may recall from our in-service the Community Services Block Grant (CSBG) is a federally funded initiative that plays a crucial role in the mission of Community Action Agencies across the nation. It provides a stable source of funding for these agencies to deliver a diverse range of services that address the root causes and conditions of poverty in local communities. Through CSBG, Community Action Agencies are empowered to offer vital support services such as housing, nutrition, utility, and transportation assistance; employment and education programs; income and asset-building services; as well as crisis and emergency interventions. The grant serves as a backbone for over 1,000 local agencies, enabling them to meet the needs of millions of individuals annually, fostering community development, and ensuring that every person has the opportunity to achieve self-sufficiency.

CSBG is our foundational funding, but this money is not guaranteed. Every year concerns are raised about federal government appropriations and what will be funded and what will be cut. This is why it is so important for us to document the services we offer and even more importantly, the outcomes of these services. Reporting may seem like a hassle, but it is our tool to demonstrate to our funders the results that we achieve with the funding we are entrusted with. We have made great strides in our ability to document and report our successes. Thank you for all you have done to help our agency to improve in this critical area.

Enjoy the rest of your summer!

Be Part of the Solution!

Renée



Community Action
of
Orleans & Genesee

EMPLOYEE OF THE MONTH

Xochitl Rosario

Xochitl went above and beyond her role here when case management was having a difficult time communicating with a customer who was only Spanish speaking. Melinda went upstairs and asked her if she could help out case management. She came down immediately and was able to communicate with the said customer. We were able to assist the customer with food pantry services.

Well done Xochitl!

Now this gets even better, Xochitl even assisted this customer with transportation home with her food!

This customer was served with dignity and respect and received what she needed thanks to Xochitl's willingness to support our Agency.



August 2024



Community Action's Mission Statement

To provide services, with dignity and respect, that help people become self-sufficient.



Community Action's Promise

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live.

We care about the entire community,
and we are dedicated to helping people help themselves and each other.



Yolotl Rosario

Yoli is our newest ACT Health Educator.

Welcome to our **ACT** Team!



Use this QR code to see the latest Job Opportunities at Community Action.
-or- visit our Website (caoginc.org) and look under the 'Join Our Team' tab.

Start a New Career Today!

Community Action of Orleans and Genesee, Inc
is hiring!



Eastern Orleans Community Center

August 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Chef Salad Garlic Bread Fruit Salad Cup cakes	2 Shepherd's Pie Biscuits Salad Cake	3
4	5 Tuna Noodle Casserole Peas Pie	6 Roast Beef Sandwich Salad Chips Pears	7 Meatloaf Mashed Potatoes Corn/Carrots Biscuits	8 Ham Sandwich Soup Chips Peaches	9 Fish Sandwich French Fries Cole Slaw Applesauce	10
11	12 Hot Turkey Sand Mashed Potatoes Corn/Carrots Cake	13 Egg Salad Sand Soup Chips Cookies	14 Spanish Rice Garden Salad Garlic Bread Peaches	15 Chicken Salad Sandwich Soup Chips	16 Mac-N-Cheese Peas Tossed Salad Biscuits/ Pears	17
18	19 Spaghetti & Broccoli Salad Garlic Bread	20 Grilled Cheese Tomato Soup Chips Cookies	21 Chef Salad Garlic Bread Fruit Salad	22 Tomato Sand. Salad Chips Peaches	23 BBQ Chicken Mashed Potatoes Biscuits Cake	24
25	26 Cheese Burger Mac Salad Baked Beans Fruit Salad	27 Hot Dog/Bun Mac Salad Chips Cake	28 Spaghetti Garlic Bread Salad Pears	29 Tacos Refried Beans Nachos Chips Applesauce	30 Baked Ham Mashed Potatoes Salad/ Fruit Apricots	31
8/1 Rick & Friends Entertain 10:30am 8/12 Mobile Pantry 9 am 8/26 Katie's Health Class 10am						
Food Give Away: Mon. Wed. Fri at 11am Bingo: Mon. Wed. Fri. 12 Noon 8/30 Neighborhood Legal Project 10am						

A PROGRAM OF COMMUNITY ACTION OF ORLEANS & GENESEE

Milk, coffee or water provided with meals
 A \$2.00 donation is appreciated but not required
 Menu is subject to change due to availability of supplies

75 Public Square PO Box 206
 Holley NY 14477
 585-438-6395





Family Strong



a FREE summer program for families with youth aged 12-18

Youth Mental Health First Aid (YMHFA) Certification

Presented by Compeer Buffalo

Wednesday, July 17th from 9:30am - 2:30pm

Youth Mental Health First Aid (YMHFA) is a program that teaches adults the skills and confidence needed to spot signs of mental health issues and addiction in young people aged 8-18, offer first aid and guide them towards the support they need

One family member aged 18+ must attend this ONLINE, instructor led course for each youth participating.

To sign up, or for questions, call or text Jeanette at (585)866-5494

Teen Financial Wellness Workshops

Presented by M&T Bank

Basic Banking and Savings for Teens

Wednesday, July 24th

10:30am - 12:30pm - Batavia

1:20 pm - 3:30pm Albion

Understanding Credit Scores & Reports

Wednesday, August 7th

10:30am - 12:30pm - Batavia

1:20 pm - 3:30pm Albion

Attend both and earn \$200!

First Aid/CPR/AED/Naloxone Training

Presented by the American Red Cross

Open to youth aged 12-18!

Wednesday, August 14th

12:00pm - 4:00pm

Medina High School

1 Mustang Drive Medina, NY

14103



Equine Assisted Activities

Presented by Freedom Reins

Occupational Therapy

Eligible participants can select (2)

private one-hour lessons on

Saturdays beginning July 20th.

Sandy Ridge- Wehling Farms

10927 Ridge Rd, Medina, NY 14103

Handicapped accessible!



Summer Recreation Scholarships



Financial assistance is available to help families cover the costs associated with participating in camps, classes, clubs and organized sports. Eligible costs include registration fees, uniforms and equipment. Income eligibility guidelines apply. Applicants must reside Orleans or Genesee Counties.



TO SIGN UP VISIT [CAOGINC.ORG](https://www.caoginc.org)
CALL (585) 589-5605 X101

Documentation Required

- ID for all household members
- Proof of income eligibility
 - a. 2 most recent paystubs
 - OR
 - b. Proof of receipt of SNAP/TANF benefits
- Copy of Registration/Order form

Household/ Family Size	Max Annual Income	Max Monthly Income
1	\$30,120	\$2,510
2	\$40,880	\$3,407
3	\$51,640	\$4,303
4	\$62,400	\$5,200
5	\$73,160	\$6,097
6	\$83,920	\$6,993
7	\$94,680	\$7,890
8	\$105,440	\$8,787



August is National Wellness Month

We often neglect or forget about our own wellness. It's easy in today's world to prioritize meeting the needs of others before tending to and meeting your own needs.

When thinking of health, many people think physical or mental, but in reality, there are many aspects of healthy living that need care and attention for you to live your best life possible. Physical, mental, emotional and spiritual health.

During the month of August, take time to remember yourself and what you need.

Prioritize your well-being

- Not every act of caring for yourself has to be big – small, doable habits in your daily routine can give you the boost you need.
- Help loved ones prioritize their wellness. Invite them to join you in a self-care activity, such as working out, going for a walk or chatting over coffee.
- Try setting aside time each day to mindfully engage in a wellness activity that fits your needs. Even 15-30 minutes a day can go a long way in helping you start a new healthy behavior.
- Journaling, exercising, spending time with friends, setting goals, art and therapy are all good ways to enhance your well-being.



August

Main Street Corner
— Thrifts, Gifts and More —

2024

Sales Calendar

MONTH LONG SALE! CHRISTMAS SECTION

50% OFF

Store Hours

Wednesday: 11 – 4 (Donations 11 – 3)

Thursday: 11 – 5:30 (Donations 11-3)

Friday: 11-5:30 (Donations 11-3)

Saturday: 10:30 – 3

131 S. Main Street

Albion, NY 14411

(585) 589-1430

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				¹ All Furniture 30% off	² Fill-A-Bag Shoes \$10	³ BOGO Games and Puzzles
⁴	⁵	⁶	⁷ BOGO Dishes	⁸ Electronics 20% off	⁹ One Stop Section 15% off	¹⁰ Furniture 15% off
¹¹	¹²	¹³	¹⁴ Luggage 15% off	¹⁵ Lamps and Lighting 15% off	¹⁶ Shoes 15% off	¹⁷ National Thrift Shop Day 50% off STORE WIDE
¹⁸	¹⁹	²⁰	²¹ Small Appliances 30% off	²² BOGO Glassware	²³ Fill-A-Bag Books \$5	²⁴ BOGO DVD, Disc Games, Audio Books
²⁵	²⁶	²⁷	²⁸ Jewelry 15% off	²⁹ End Tables 30% off	³⁰ Shorts 50% off	³¹ BACK TO SCHOOL Fill-A-Bag ANY Clothing \$20

National Day

NATIONAL THRIFT SHOP DAY - August 17



DID YOU KNOW?

Thrift stores, often known as charity shops, are retail establishments that sell second-hand goods. These items range from clothes and accessories to furniture and home decor. Typically, these stores are operated by charitable organizations to raise funds for various causes.

Origin of Thrift Stores: The concept of thrift stores dates back to the 19th century. They first emerged in the United Kingdom to provide affordable clothing options to the less fortunate while raising funds for charitable causes.

Reducing Waste: Shopping at thrift stores significantly reduces waste. Each year, thrift stores divert millions of pounds of goods from landfills, contributing to environmental sustainability.

Supporting Charities: Many thrift stores are operated by charitable organizations. Profits from sales often go towards supporting various local and international charity projects.

Donation Overload: While donations are crucial for thrift stores, managing the sheer volume of items can be a challenge, requiring significant sorting and storage efforts.

Stress Relief: Thrift shopping can serve as a form of stress relief, providing a break from the routine and the opportunity to engage in a treasure hunt.

STOP IN TO SEE US ON SATURDAY August 17th for a 50% off STORE WIDE SALE TO CELEBRATE NATIONAL THRIFT SHOP DAY

Food Distribution Dates

Municipal Parking Lot

165 S. Platt Street, Albion, NY



9:00 AM - until gone

(Due to traffic issues, please do NOT line up prior to 7:30 AM!)

Family information is required, in order to keep the distribution coming to our community we have to report on those served.



2024 Scheduled Dates:

(All are Mondays)

- * July 8
- * August 12
- * September 16
- * October 21
- * November 18
- * December 9



Questions: Please call (585) 589-5605 x 103



Child Care Resource and Referral is here to help you!

Child Care Resource & Referral (CCR&R) supports parents and families, child care providers, businesses and community partners by providing the following services:

Parents and Families:

- Provide listing of local child care programs based upon family need
- Inform about child development, early learning and quality child care
- Give information about state licensing requirements
- Share information about the Child Care Assistance program (Subsidy) administered by Department of Social Services

Child Care Provider:

- Support through licensing process
- Assist with compliance issues and increase/ improve quality
- Provide convenient and flexible on site staff trainings
- Free assistance with Health Care Plans

Businesses and Community Partners:

- Share information about child care needs and availability in area
- Work with employers to support employee child care needs
- Advocate for quality child care and early childhood workforce





ALBION EMERGENCY SERVICES WALK-IN HOURS

409 East State Street, Albion, NY

Tuesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - 12pm

Alternate times are available
BY APPOINTMENT ONLY
(585) 589-5605







NEW EMERGENCY SERVICES WALK-IN HOURS Batavia

Tuesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - 12pm

Alternate times are available
BY APPOINTMENT ONLY
585-343-7798

Are you a Caregiver?



**Please join us for a weekly
Respite Care Program!**

Find us on Facebook at: Caregiver's Revitalize - Orleans County, NY



**1st & 3rd Thursdays from 1 - 4 p.m.
Albion at Christ Church Episcopal
26 S. Main St. Albion, NY 14411**

Please use PARK STREET ENTRANCE ONLY.



**2nd & 4th Thursdays from 1 - 4 p.m.
Community Action's Eastern
Orleans Community Center
75 Public Square. Holley, NY 14470**

**We're offering:
Organized
activities,
support, and
respite for
caregivers with
supervision for
those they care
for.**

**This program
is free to all
caregivers in
Orleans County.**

Email: Caregiversrevitalize@gmail.com

Phone: 585-209-9151 or 585-209-3416

**Please email or call for more information, to register your
care recipient or for volunteer opportunities.**





August

Honoring World Lung Cancer Day

**DID YOU
KNOW?**

ONLY 18 OUT OF 100



cancer cases
are diagnosed
before the cancer
has spread



**FEWER
THAN**

1 IN 7

**LUNG CANCER
PATIENTS**

**WILL BE DIAGNOSED IN THE EARLIEST STAGE
WHEN THE DISEASE IS MOST TREATABLE**

<https://lcfamerica.org>

**A study done by The Coronary
Artery Risk Development (CARDIA)
Found**



**Smoking leads to changes in
white matter (WM) lesions on
the brain, resulting in a decline
in cognitive function.**



**OVERTIME
SMOKING CAN IMPAIR:**

- information processing
- memory
- concentration

Elbejani, M., Auer, R., Jacobs, D. R., Jr, Haign, T., Devatzikos, C., Geff, D. C., Jr, Bryan, R. N., & Leuner, J. J. (2019). Cigarette smoking and gray matter brain volumes in middle age adults: the CARDIA Brain MRI sub-study. *Translational psychiatry*, 9(1), 78. <https://doi.org/10.1038/s41398-019-0401-1>





**WE WILL BE
CLOSED ON
LABOR DAY**

Monday, September 2nd, 2024



The first Labor Day was held on Tuesday, September 5, 1882, in New York City. The originator of this celebration was the Central Labor Union (CLU). It was celebrated with grand parades, picnics, and sometimes fireworks.

Today, there are many different ways to celebrate, but it is still a day set aside to appreciate the advancements, freedoms, and prosperity our country experiences, thanks to the hardworking individuals that make up our great country.



• ACT - Helping Youth
Act Responsibly

• CATS - Community Action
Transportation System

• Child Care
Resource & Referral

• Community Action
Angels

• Eastern Orleans
Community Center

• Emergency Services/
Family Development

• Head Start

• Home Rehabilitation

• The Main Street Store/
Employment Services

• Weatherization/
Energy Services

After 37 fulfilling years with the Weatherization Assistance Program, I am writing to announce my retirement, effective 8/30/2024. It has been an honor and privilege to serve our communities and work alongside such a dedicated and passionate team.

Throughout my career, I have witnessed the profound impact our program has had on improving the lives of countless individuals and families. The work we do – enhancing energy efficiency and ensuring safe, comfortable homes – has been deeply rewarding. I am grateful for the opportunities I have had to contribute to our mission and for the support and camaraderie of my colleagues.

I want to extend my heartfelt thanks to everyone I have worked with over the years. Your commitment and enthusiasm have been a constant source of inspiration. I am confident that the Weatherization Assistance Program will continue to thrive and change people's lives.

Thank you all very much. It was my pleasure to serve Orleans & Genesee Counties. I leave knowing that I have made a difference in many people's lives. It is time to turn the page and enjoy what is left.

With that being said I'm retiring Aug. 30th alongside Cathy Brien who has been my rock for 30 years. I will always cherish my time at the helm of such a great program. Cathy and I are leaving the Program in very capable hands. In just a short time we have been able to put together a new team that is showing positive results already.

Warm Regards,

James B. Soccio

Thank You all again.

Community Action is an equal opportunity provider and employer.



August 30, 2024

What a Team! We will miss you!



It has been my pleasure working along side you over these years. We have faced so many challenges & frustrations together but have gotten past them to achieve some wonderful things for many people.

As I have told you, you have been more than a boss, you have been a friend & for that, I will be forever grateful! This isn't goodbye, this is a CYA later alligator!!

I wish you the very best!!

Cathy Brien
Weatherization Operations Assistant





Community Action of
Genessee & Orleans

Clothing Drive

August 7th 2024

10 am - 12 pm - Drop Off to Community
Action

3 pm - 5pm - Drop Off to Head Start

Accepting donations for
Clothes, shoes and hats for
infants, toddlers and children.



Community Action of Orleans and
Genessee County - Batavia Location
5073 Clinton Street RD
Batavia NY

Please contact Heidi at
HBurdick@caoginc.org or
Autumn at AMoore@caoginc.org

