

Agency Newsletter

September 1st, 2024

Community Action of Orleans and Genesee

Our mission:: To provide services, with dignity and respect, that help people become self-sufficient

Hello Team:

I hope everyone has enjoyed a happy Labor Day holiday with friends and family. Soon the sounds of children will return to our classrooms and before you know it, the leaves will be falling and we will be trading in our flowers and vegetables gardens for pumpkins, cornstalks, and spooky decorations.

Speaking of decorations, work has begun on the mural on our Main Street Corner Thrifts, Gifts, and More store. Artist David Burke has been commissioned to paint a community themed mural on the south wall. This project is made possible with funds from the Statewide Community Regrant Program, a regrant program of the New York State Council on the Arts with the support of the office of the Governor and the New York State Legislature and administered by GO ART! This has been on my wish list since I joined the agency so I am very excited to see the finished project. Many thanks to the Village of Albion for approving the project. Stop by and take a look and be sure to take advantage of your employee discount at the store.

Thank you for being part of the Community Action Family.

Be Part of the Solution!

Renée



Community Action
of
Orleans & Genesee

EMPLOYEE OF THE MONTH

Marc Malaniak

Marc has been working hard all summer to make sure all classrooms were ready by September. Not only has he worked during his time but he has also volunteered his time beyond work hours. He values his work and does the job to his standards.

He takes his time to make sure everything is done correctly and in a timely fashion. He is always willing to lend a helping hand to any of his co-workers. Thank you for always keeping the grass looking good and keeping everyone safe!

Everyday Marc has a smile on his face and always greets his co-workers and children with a friendly hello!



September 2024



Community Action's Mission Statement

To provide services, with dignity and respect, that help people become self-sufficient.



Community Action's Promise

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live.

We care about the entire community,
and we are dedicated to helping people help themselves and each other.



Please join us in congratulating Jeff Atwell on his promotion to Weatherization Coordinator effective 8/5/2024. Jeff will be taking on the role that Jim “Sosh” Soccio will be retiring from at the end of August. Jeff brings with him 34 years of Weatherization and Energy Auditor experience and is very enthusiastic for this new opportunity.



WEATHERIZATION DEPARTMENT MAKE-OVER



Please join us in welcoming Amy Lusk as our new Weatherization Operations Assistant. She brings a lot of experience to our team, and we are excited to have her here. Stop by and say hello if you have time.





Taryn and I are pleased to announce the transition of Terri Taylor to the position of Child Care Business Specialist. Terri has been a dedicated and dynamic member of our team for almost 13 years (her work anniversary is 8/23!), consistently showcasing her skills and commitment in her previous role.

In her new role, Terri will be responsible for supporting and enhancing our partners' child care business operations. Her extensive experience and passion for child care make her an excellent fit for this position, and we are confident that she will excel in this new capacity.

Please join us in congratulating Terri on her new role! We are excited to see the positive impact she will undoubtedly bring to our CCR&R team!

Congratulations, Terri!

Ryan Lasal

Director of Community & Family Programming/
Chief Innovation Officer

Taryn Moyle
CCR&R Program Manager
Child Care Resource & Referral



I am thrilled to announce the promotion of Wendy Cruz to the position of ACT Education Manager. Wendy has been an invaluable member of our team, demonstrating exceptional leadership, dedication, and expertise in her previous role.

In her new position, Wendy will oversee the development and implementation of our ACT education programs, ensuring that our offerings continue to meet the highest standards of quality and effectiveness. Her commitment to excellence and passion for youth development make her the perfect fit for this role.



Please join me in congratulating Wendy on this well-deserved promotion! I look forward to the continued success of our ACT education initiatives under her leadership. **ACT- Helping Youth ACT Responsibly**

Congratulations, Wendy!

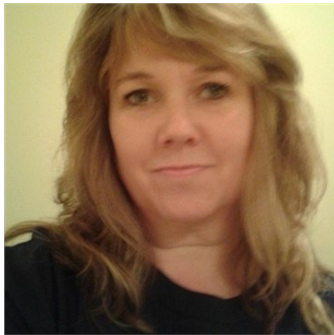
Ryan Lasal

Director of Community & Family Programming/
Chief Innovation Officer



Dear Community Action Team,

After 29 years, the time has come for me to bid farewell to Community Action & my Weatherization Team on August 30th. (as you have already seen from Sosh's email & the posting in the newsletter) I feel such a connection with this agency and so many of you have been a significant part of my day here, so I didn't want to leave without saying an official *arrivederci*...



Throughout these years, I have had the privilege of working alongside some of the most talented and dedicated professional group of people. The Weatherization Team has grown, evolved, learned & taught each other, working side by side to get the job done. Together, we have tackled challenges, celebrated successes, and forged lasting friendships. The memories we have created together will forever hold a special place in my heart.

I want to express my deepest gratitude to each of you for your support, guidance, and camaraderie over the years. This agencies commitment to excellence and teamwork has inspired me every day. It has been an honor to be part of this agency, contributing to our collective mission and vision.

As I embark on a new chapter in my life, I leave with a sense of fulfillment and pride in what we have achieved together. While I will miss our daily interactions and shared experiences, I am excited about the opportunities & adventures that lie ahead for me, my husband & our German Shepard, Dakota! 😊

Thank you once again for making these 29 years at Community Action truly memorable. You have all made a lasting impact on my life, and for that, I am forever grateful.

Warm regards,

Cathy Brien

Weatherization Operations Assistant



Friends ... It has been quite the ride these past 37 years with the ACT Program, with the last 28 years of them being with Community Action of Orleans & Genesee. I would like to thank management and the Board, for the opportunity to be a part of a wonderful team of individuals over so many years. I have met so many outstanding people, I have learned so many valuable lessons, I just hope that I've made a difference in some of those lives that I have touched.

I truly have enjoyed the days that I've spent *Helping Youth ACT Responsibly*, who else can say they spent the last 37 years talking about sex almost daily. I really do need to write that book!

I wish the Agency and ACT Program continued success for many years to come – Thanks for everything - Retirement here I come!



Jan Albanese

ACT- Helping Youth ACT Responsibly

Welcome Back



Shelcy Plueckhahn had previously been with the Head Start program for many years, her extensive experience as a Head Start family advocate, as well as her role as Head Start Family and Community Partnership Specialist, make her an ideal candidate for the Data Specialist role. Her knowledge and experience have contributed to staff training, program development, and action steps related to trauma-informed care.

We are glad to welcome Shelcy back!



Use this QR code to see the latest Job Opportunities at Community Action.
-or- visit our Website (caoginc.org) and look under the 'Join Our Team' tab.

Start a New Career Today!
Community Action of Orleans and Genesee, Inc
is hiring!



Child Care Resource and Referral is here to help you!

Child Care Resource & Referral (CCR&R) supports parents and families, child care providers, businesses and community partners by providing the following services:

Parents and Families:

- Provide listing of local child care programs based upon family need
- Inform about child development, early learning and quality child care
- Give information about state licensing requirements
- Share information about the Child Care Assistance program (Subsidy) administered by Department of Social Services

Child Care Provider:

- Support through licensing process
- Assist with compliance issues and increase/ improve quality
- Provide convenient and flexible on site staff trainings
- Free assistance with Health Care Plans

Businesses and Community Partners:

- Share information about child care needs and availability in area
- Work with employers to support employee child care needs
- Advocate for quality child care and early childhood workforce



**ALBION EMERGENCY SERVICES
WALK-IN HOURS**

409 East State Street, Albion, NY

Tuesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - 12pm

Alternate times are available
BY APPOINTMENT ONLY
(585) 589-5605

**NEW EMERGENCY SERVICES
WALK-IN HOURS
Batavia**

Tuesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - 12pm

Alternate times are available
BY APPOINTMENT ONLY
585-343-7798

Food Distribution Dates

Municipal Parking Lot

165 S. Platt Street, Albion, NY



9:00 AM - until gone

(Due to traffic issues, please do NOT line up prior to 7:30 AM!)

Family information is required, in order to keep the distribution coming to our community we have to report on those served.



2024 Scheduled Dates:

(All are Mondays)

- * July 8
- * August 12
- * September 16
- * October 21
- * November 18
- * December 9



Questions: Please call (585) 589-5605 x 103



September is Suicide Awareness Month

5

Action Steps to Help Someone Having Thoughts of Suicide

We can all take steps to help prevent suicide. Knowing the warning signs for suicide and how to get help can save lives.

Here are 5 steps you can take to #BeThe1To help someone who is having thoughts of suicide:



1. ASK:

“Are you thinking about suicide?” It’s not an easy question to ask, but it can help start a conversation. Studies show that asking people if they are suicidal does not increase suicidal behavior or thoughts.



2. BE THERE:

Listening without judgment is key to learning what the person is thinking and feeling. Research suggests acknowledging and talking about suicide may reduce suicidal thoughts.



3. HELP KEEP THEM SAFE:

Reducing access to highly lethal items or places can help prevent suicide. Asking the person if they have a plan and making lethal means less available or less deadly can help the person stay safe when suicidal thoughts arise.



4. HELP THEM CONNECT:

Connecting the person with the 988 Suicide & Crisis Lifeline (call or text 988) and other community resources can give them a safety net when they need it. You can also help them reach out to a trusted family member, friend, spiritual advisor, or mental health professional.



5. FOLLOW UP:

Staying in touch with the person after they have experienced a crisis or been discharged from care can make a difference. Studies show that supportive, ongoing contact can play an important role in suicide prevention.

For more information on suicide prevention:
www.nimh.nih.gov/suicideprevention
www.bethe1to.com



NIH National Institute of Mental Health

NIMH Identifier No. OM 24-4315
Revised 2024

FREQUENTLY ASKED QUESTIONS About Suicide

Suicide is a leading cause of death in the United States and a major public health concern. When a person dies by suicide, the effects are felt by family, friends, and communities. This brochure can help you, a friend, or a family member learn more about the warning signs of suicide, ways to help prevent suicide, and effective treatment options.

IF YOU OR SOMEONE YOU KNOW IS IN CRISIS:

Call or text the 988 Suicide & Crisis Lifeline at **988** or chat at **988lifeline.org**. The Lifeline provides free and confidential support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States.

Call **911** in life-threatening situations.



There is hope.



If you or someone you know needs support now, call or text **988** or chat **988lifeline.org**



WARNING SIGNS OF SUICIDE:

The behaviors listed below may be some of the signs that someone is thinking about suicide.

TALKING ABOUT:



- ▷ Wanting to die
- ▷ Great guilt or shame
- ▷ Being a burden to others

FEELING:



- ▷ Empty, hopeless, trapped, or having no reason to live
- ▷ Extremely sad, more anxious, agitated, or full of rage
- ▷ Unbearable emotional or physical pain

CHANGING BEHAVIOR, SUCH AS:



- ▷ Making a plan or researching ways to die
- ▷ Withdrawing from friends, saying goodbye, giving away important items, or making a will
- ▷ Taking dangerous risks such as driving extremely fast
- ▷ Displaying extreme mood swings
- ▷ Eating or sleeping more or less
- ▷ Using drugs or alcohol more often

If these warning signs apply to you or someone you know, get help as soon as possible, particularly if the behavior is new or has increased recently.

988 Suicide & Crisis Lifeline
Call or text **988**
Chat at **988lifeline.org**

Crisis Text Line
Text "HELLO" to **741741**



Si tú o alguien que conoces necesita apoyo ahora, llama o textea al 988 o conversa con nosotros vía chat a: Linea988.org



www.nimh.nih.gov/suicideprevention

NIMH Identifier No. OM 22-4316

Store Hours

Tuesday: 11- 4 (Donations by APPOINTMENT ONLY)

Wednesday: 11 – 4 (Donations 11 – 3)

Thursday: 11 – 5:30 (Donations 11-3)

Friday: 11-5:30 (Donations 11-3)

Saturday: 10:30 - 3



131 S. Main Street, Albion, NY 14411

(585) 589-1430

*** Note NEW store hours.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
		Furniture 50% Off	BOGO Games	Electronics 20% off	BOGO Dishes	30% off Glassware
8	9	10	11	12	13	14
		20% off Craft Section	\$15 Fill-A-Bag Books	BOGO Shoes	End Tables 15% off	Hand Bags 15% off
15	16	17	18	19	20	21
		Jewelry 30 % off	Lighting/Lamps 30% off	Pictures/ Frames 50% off	All Clothing 50% off	Furniture 30% Off
22	23	24	25	26	27	28
		Glasses, Cups, Mugs 50% off	Plasticware 30% off	Small Appliances 15% off	Personal Care Items 30% off	\$20 Fill-A-Bag All Clothing
29	30					