

# Employee Newsletter

January 1, 2025

## Community Action of Orleans and Genesee Employee Newsletter

*Our mission:: To provide services, with dignity and respect, that help people become self-sufficient*

Hello Team:

Happy New Year! I hope each of you had some time to enjoy with friend and family during the holidays and are rested up to start a new year. We are stepping into a new year with a new government administration so there are sure to be changes to navigate. It's crucial that we stay informed and adaptable to navigate any changes effectively.

The new administration may introduce policy shifts that could affect funding, program priorities, and regulatory requirements. We must be prepared to advocate for our programs and demonstrate their value more than ever. This means staying vigilant, proactive, and united as a team.

### The Importance of Outcomes

In this evolving landscape, showcasing our outcomes is not just beneficial—it's essential. We need to provide clear, measurable evidence of our impact. This includes:

- **Data-Driven Results:** Collecting and analyzing data to highlight the effectiveness of our programs.
- **Success Stories:** Sharing real-life examples of how our work has positively impacted individuals and communities.
- **Community Feedback:** Gathering testimonials and feedback from those we serve to illustrate the difference we make.

I am currently reading a book called "Trying Hard is not Good Enough" by Mark Friedman. I love the simplistic approach it takes for results based accountability. Everything boils down to:

1. How much did we do?
2. How well did we do it?
3. How many are better off because we did it?

Please keep this in mind as we administer our programs. I highly recommend the book.

### Why Our Programs Matter

Our programs are the backbone of community support. They provide essential services that address critical needs, from housing and food security to education and employment. Here are a few reasons why our work is indispensable:

- **Empowerment:** We empower individuals to achieve self-sufficiency and improve their quality of life.
- **Support:** We offer a safety net for those facing hardships, ensuring no one is left behind.
- **Community Building:** We foster a sense of community and belonging, strengthening the social fabric.

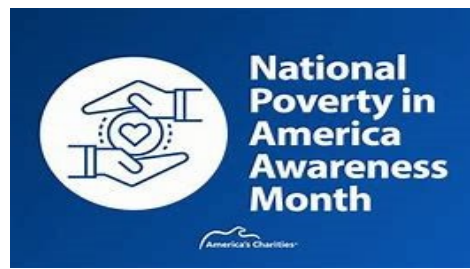
### Looking Forward

As we embrace the new year, let's remain committed to our mission. Together, we can overcome any challenges and continue to make a meaningful difference. Your dedication and hard work are the heart of our success.

Thank you for all that you do. **Let's make this year our best yet!**

*Be Part of the Solution*     *Renée*





As we step into January, we recognize **National Poverty in America Awareness Month**. This month serves as a crucial reminder of the challenges faced by millions of Americans living in poverty and the importance of our collective efforts to support those in need.

Poverty, in one form or another, has existed for centuries. Poverty is not a static condition that a few unlucky people experience, poverty is a state of human experience with multiple dimensions and outcomes. The answers to defeating poverty are complex, but one of the most important factors is an informed public.

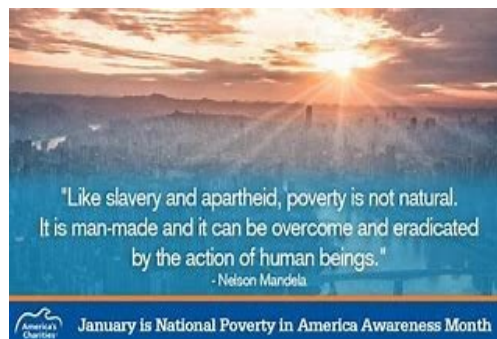
**Understanding the Issue:** Poverty affects individuals and families in numerous ways, from limited access to healthcare and education to food insecurity and inadequate housing. According to recent statistics, over 37 million people in the United States live below the poverty line. This includes children, working adults, and the elderly, highlighting the widespread nature of this issue.

**Learn Facts About Poverty:**

- People of color are more likely to experience poverty in America.
- About 2/3 of the people who face food insecurity are not technically qualified by the US government as in poverty.
- People with disabilities and chronic health conditions are more likely to face poverty.
- Around half of all American adults will have spent some portion of their lives living below the poverty level.

**Together, We Can Make a Difference:** By working together, we can help alleviate the impact of poverty and create a more equitable society. Let's use this month as an opportunity to reflect on our values and take meaningful action.

Thank you for your continued support and dedication!



# January 21st is National Hugging Day

Hugging for just 10 second can increase your self-esteem, reduce fatigue and boost oxytocin levels.

Increase it to 20 seconds and the benefit include lower blood pressure and improved heart heath.

Show someone you care and give them a hug.





**409 East State St. Albion, NY 14411**

**Emergency Services**  
**We offer emergency:**

Rental Assistance

Utility Assistance

\*Gas

\*Electric

\*Water

Clothing Assistance

Food/ Personal Pantry Assistance

Resource Referral

late hours available on  
**Wednesdays**  
by appointment only

To schedule an  
appointment please  
call (585) 589-5605  
ext 101

**Weatherization**

Provides energy audits  
and assistance to help  
reduce utility costs for  
low income residents.

\*BPI Certified\*

585-589-5605 ext 107



**Head Start/ Early Head Start/  
Early Head Start Partnership**

**Program**

**\*Head start-**

ages 3- & 4-years old

-(School year) center-based program

**\*Early Head Start-**

Birth to 3 years

-(Full year) Home based program

**\*Early Head Start Partnership**

**Program-**

Birth to 3 years

-(for eligible working families) Partner

Child Care sites.

585-589-5683

**Main Street Thrifts, Gifts,  
and more Store**

Provides services and  
education opportunities.

In addition to an being  
affordable thrift store, we  
provide community  
computers, high school  
and college tutoring,  
retail training and job  
readiness workshop.

585-589-1430





# Thank You

## TO OUR FFA DONORS

Panek's	Barilla	Root Brothers
Circle R	Triple G	Lynn-Ette and Sons
Kast Farms	Farm Fresh First LLC	Save A Lot
Margaret and Charlie Swan	Martin Farms	Preston's
Peter Gaylard	Christ Farms	Intergrow Greenhouses (Sungrow)
Lamb's	Haylett Farm Enterprises	Van Lieshout's
Partyka's	CY Farms	Kreher's
Torrey Farms	Orleans County Farm Bureau	Heberle
Hu-Lane Farm	Poverty Hill	Nesbitt's
My-T Acres	Kirby's	Orchard Dale
Kirby's Cider Mill	Brightly's	Kludt's



# January

2025

## Sales Calendar

### Store Hours

Sun/Mon : CLOSED

Tuesday : 11 AM - 4 PM (Donation by appointment only)

Wednesday : 11 AM - 4 PM (Donations : 11 AM - 3 PM)

Thursday : 11 AM - 5 :30 PM (Donations :11 AM - 3 PM)

Friday : 11 AM - 5 : 30 PM (Donations : 11 AM - 3 PM)

Saturday : 10 :30 AM - 3 PM (Donations by appointment only)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Closed	2 20% off Electronics	3 BOGO Shoes	4 15% off Personal Care/Medical Equip
5	6	7 20% off Hand Bags/ Purses	8 30% off Small Appliances	9 BOGO Children's Clothing	10 BOGO Glassware	11 30% off Furniture
12	13	14 Plastic Water Bottles .50 each	15 15% off Miscellaneous Section	16 15% off Food Storage (Containers, Bowls, etc)	17 BOGO Women's Clothing	18 50% off Flower Vases
19	20	21 30% off Knick-Knacks	22 BOGO Silverware	23 Luggage Cases 15% off	24 .25 Puzzles and Games	25 BOGO Men's Clothing
26	27	28 Fill-a-Bag \$5 Books	29 BOGO Candles/ Candle Holders	30 50% off ALL CLOTHING	31 BOGO Shoes	

#### Contact Information

Call: 585-589-1430

Text: 585-640-1329

Email: [mainstreetthriftstore@caoginc.org](mailto:mainstreetthriftstore@caoginc.org)

Facebook: Main Street Corner Thrifts, Gifts and More

# Eastern Orleans Community Center

## January 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> <b>Holiday</b>  <b>Center Closed</b>	<b>2</b> Hot dog / Bun Tossed Salad Baked Beans French Fries Peaches	<b>3</b> Baked Fish French Fries Coleslaw Roll/ Butter Applesauce	<b>4</b>
<b>5</b>	<b>6</b> Tuna Noodle Casserole Peas Garden Salad	<b>7</b> Turkey Sandwich Soup Chips Pears	<b>8</b> Chef Salad Fruit Salad Garlic Bread Applesauce	<b>9</b> Ham Sandwich Soup Chips Cookies	<b>10</b> Sloppy Joes French Fries Green Beans Applesauce	<b>11</b>
<b>12</b>	<b>13</b> Hot Turkey Sand. Mashed Potatoes Corn/Carrots Cake	<b>14</b> Egg Salad Sand. Soup Chips Cookies	<b>15</b> Spaghetti With Meatballs Tossed Salad Garlic Bread	<b>16</b> Chicken Salad Sandwich Soup Chips	<b>17</b> Cheesy Chicken With Rice Garden Salad Fruit Salad	<b>18</b>
<b>19</b>	<b>20</b> <b>Holiday</b> <b>Center</b> <b>Closed</b>	<b>21</b> Grilled Cheese Tomato Soup Chips Cookies	<b>22</b> BBQ Chicken Mashed Potatoes Biscuits Salad Cake	<b>23</b> Homemade Soup Biscuits Salad Peaches	<b>24</b> Pasta Salad Garlic Bread Fruit Salad Cookies	<b>25</b>
<b>26</b>	<b>27</b> Spanish Rice Garden Salad Garlic Bread Cookies	<b>28</b> Tuna Sand. Salad Chips Apples	<b>29</b> Chicken And Biscuits Carrots/ Peas Pie	<b>30</b> Tacos Refried Beans Nacho Chips Ice Cream	<b>31</b> Pork Chops Potatoes Corn Biscuits	

**Food Giveaway: Mon. Wed. Fri. @ 11am**  
**1/20 Fire Dept. Does Blood Pressure Check**  
**1/29 Neighborhood Legal Project 10am**

**Bingo: Mon, Wed. Fri @12:00pm**  
**1/22 SNAP Class @10:30am**  
**1/31 Katie's Health Class @ 10am**

75 Public Square PO Box 206  
Holley NY 14477

A program of Community Action of Orleans & Genesee

Milk, coffee or water provided with meals  
A \$2.00 donation is appreciated but not required